

Mutual Aid Networks¹ [\(Español\)](#)

As teachers, social workers, and professionals one of our first reactions in times of crisis is RESOURCES². When we think of resources, we think of already established and well-known organizations who specify in an area of focus. When someone is experiencing homelessness, we look towards organizations like Colorado Coalition for the Homeless, shelter programs, and food banks. But right now, during the time of COVID-19, we know these resources are stretched thin.

Mutual Aid Networks (MAN) are community led efforts that have been around for decades. MAN's are a collective of people like you and me sharing skills and our own *available* resources. Many of our clients and families are already part of MAN's. In many communities of color, folks have learned to rely on their multi-generational families, their neighbors, their churches, or other groups for support during tough times. In the LGBTQ community, we have learned to support one another through our chosen families. MAN's take that philosophy and enlarge it to help *anyone* in need during a crisis like COVID-19. MAN's are able to reach a larger demographic than pre-established organizations and have fewer barriers to access. Because MAN's are community led, intersections like sexuality, gender, income, documentation status, employment, verification, etc. are not determinations to receive help. MAN's exist to give help and support to anyone who asks with no expectations in return.

Luckily, many MAN's have already surfaced here in Denver. Some are running google documents, others are Facebook groups or other *unofficial* platforms (remember, MAN's are a community based effort). I have included links to many of the different MAN's in Denver with a quick blurb.

[Front Range Mutual Aid: I want to help](#) [I need help](#)

"This is for members of the Colorado community to ask for the help they need. If you need help, please fill out this form so we can connect you to others who are offering aid.

After being paired with someone, do not ask or give information about immigration status. If you are asked about your immigration status, please report it to [Abolish ICE Denver](#)."

[Help Needed in Denver Metro COVID-19](#) (Facebook)

"This page is for Denver folks to offer to help our Denver neighbors in times of need. Please do not post personal information, if you identify someone who can help send your information via PM. These services must all be volunteer, any services involving compensation will be deleted by admin."

[Mutual Aid Infrastructure Aurora CO](#) (Facebook)

"This group is a place for people in the Aurora, CO area to give and receive volunteer, person-to-person assistance for logistical issues connected to COVID-19. Feel free to both ask for and offer things."

[Nextdoor](#) (also available as a phone app)

Previously used to communicate with neighbors in your area, Nextdoor has become another resource for folks looking for support. Posts include asks for toilet paper, food items, diapers, and help with delivery/pick-up.

[Denver Delivered](#)

"The Denver Emergency Food Network delivers free, prepared meals to homebound families and elderly individuals in need during the COVID-19 crisis. Sign up for meals on the waitlist below. We are usually able to deliver meals 2-3 days after you request them and will text/email when we're delivering."

¹ This document will be updated as needs arrive. If you want to suggest an addition, please e-mail: [Calvin Knutzen](#)

²[General Corona Resources](#)

Quick links for undocumented folks:

National financial assistance for food service workers:

[USBG Foundation](#)

[One Fair Wage Emergency Fund](#)

SB251 Driver's License's/Licencias SB251:

[Quick guide/Guia breve](#)

For questions/Preguntas, e-mail siena@coloradoimmigrant.org

Resource guides in Spanish

[Colorado Immigration Rights Coalition Guia de Recursos en español](#) (English pg. 7)

[State/City list of resources \(eng/esp\)](#)

Quick links for general resources:

[Colorado Medicaid/SNAP](#)

Application tutorial: [PDF](#) or [Webinar](#)

[Benefits in Action](#): Local organization that can assist with benefit applications/navigation

[Colorado Unemployment](#)

[TRUA rental assistance](#)

[Denver Human Services Rental/Utility assistance form](#)

[Comcast free internet](#)

These links are for mutual aid documents that cover other types of support like Trans/Queer youth hotlines, organizing for demands, elderly support, undocumented communities etc. Each tab will include state specific supports as well as national. These documents are regularly updated.

[COVID-19 Recursos para Comunidades Indocumentadas](#)

[Database of Localized Resources During COVID 19 Outbreak](#)

[Collective Care Is Our Best Weapon against COVID-19](#)

Included is a link from Senator Alexandria Ocasio-Cortez and prison abolitionist/organizer Mariame Kamba for more information about MAN's and how to think about creating one within your own apartment building, block, or neighborhood: [Mutual Aid 101 Tool Kit](#). Another great resource is activist/organizer Dean Spade's [Big Door Brigade](#).